

PPE for Telecom Workers: Hazard ID, Selection, and Use

Level 2 Post-Test Evaluation

1. OSHA's Whistleblower Protection Program enforces provisions of more than 20 federal laws that protect employees from being blacklisted, demoted, being denied a promotion or overtime, or a(n)?
 - a. Pay reduction
 - b. Increase in benefits
 - c. Available list of PPE
 - d. All the above

2. Employees can report hazards and violations to OSHA through which medium?
 - a. By phone: 800-321-OSHA (6742)
 - b. By website: osha.gov/workers
 - c. By writing your local office
 - d. All the above

3. These standard(s) are generally produced by private-sector bodies that are available for use by any organization. Commonly referred to as "Industry Standards" or "Consensus Standards"?
 - a. Tower
 - b. Voluntary
 - c. ANSI
 - d. OSHA

4. How often should you refer to the JHA during your daily activity on a communications site?
 - a. Whenever there is a change in the Scope of Work, a new authorized individual accesses the site, or you are returning from an extended break
 - b. When your supervisor calls and asks for an update
 - c. At the time, your supplier calls and asks for an update
 - d. At the end of the shift

5. When working through the Hierarchy of Controls, which method utilizes a change of policy or procedure?
 - a. Elimination
 - b. Personal Protective Equipment
 - c. Administrative Controls
 - d. Engineering Controls

6. Which task below is a common method of an administrative control for energy isolation:
 - a. Lockout/Tagout
 - b. Installing a railing
 - c. Using a crane with a man basket
 - d. Providing an authorization letter

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7. When storing PPE after the workday is complete, it is important to ensure that it remains:
 - a. In the original packaging
 - b. Outside the passenger compartment of any vehicle
 - c. Clean and dry
 - d. In a solution of cleanser and water
8. When considering Personal Protective Equipment, fit and comfort are:
 - a. Important if only used to protect the hands
 - b. Not a priority
 - c. Not essential to the functionality of the gear
 - d. Important to ensure proper usage
9. A personal fall arrest system consists of a body harness, a connector, and a(n)?
 - a. Anchorage
 - b. Deceleration Device
 - c. Carabineer
 - d. Rope
10. Carabiners, Snap hooks, and Rings are all considered:
 - a. Anchorage
 - b. Hazards
 - c. Connectors
 - d. Administrative Controls
11. The ANSI (American National Standards Institute) standard for eye and face protection is?
 - a. ANSI Part 4 CFE
 - b. ANSI Z89.1 (Industrial Head Protection)
 - c. ANSI/ASSP A10.48-2023 (Criteria for Safety Practices with the Construction, Demolition, Modification, and Maintenance of Communication Structures).
 - d. ANSI Z87.1 (Current Standard for Safety Glasses)
12. If you are at risk for being exposed to a laser when working with fiber optics, you should wear:
 - a. A face shield
 - b. Tinted sunglasses
 - c. Laser safety glasses
 - d. Double layer welding hood
13. According to ANSI Z89.1 which class of hard hat, or climbing helmet, is required when electrical hazards are present?
 - a. Class C
 - b. Class A
 - c. Class G
 - d. Class E

14. Which of the following type of head protection is **NOT** ANSI approved?
- Full Brim Hard Hat
 - Class C Hard Hat
 - Class G Hard Hat
 - Bump Cap
15. According to OSHA 1910.136 who is responsible for ensuring that each affected employee uses protective footwear when working in areas where there is a danger of foot injuries due to falling or rolling objects, or objects piercing the sole.
- Competent Person
 - Employer
 - Employee
 - Qualified Engineer
16. This standard applies to footwear in the workplace:
- ASTM F2413 (Standard Specification for Performance Requirements for Protective (Safety) Toe Cap Footwear)
 - ASTM F2412 (Standard Test Methods for Foot Protection)
 - OSHA 1910.136 (Foot Protection)
 - All the above
17. This type of glove should be utilized when using a cutting tool such as a razor knife:
- Insulated
 - Cut-Resistant
 - Impact-Resistant
 - Latex
18. ARC Flash clothing is also known as FR, which stands for?
- Free Rotating
 - First Responder
 - Five Ring
 - Flame Resistant
19. RF suits are woven using the following material to help reflect RF Radiation?
- High Density Cotton
 - Stainless Steel
 - Aluminum Strand
 - Polyethylene
20. This Administrative Control can be used to help prevent heat stress:
- Portable Shelters
 - Air Conditioning
 - Hydration Program
 - Reflective Shields

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21. The NIOSH recommended exposure limit for hearing protection is:
- 30dB
 - 115dB
 - 140dB
 - 85dB
22. ASRs are a type of respiratory protection that is known as:
- Air-Supply Reducer
 - Atmosphere-Supplying Respirator
 - Angled-Secondary Respirator
 - After-Shock Responder
23. Step bolts according to ANSI/TIA-222-H are designed to support a minimum normal concentrated factored load equal to _____ lbs. applied 2 inches from the inside face of the step bolt head.
- 600
 - 310
 - 300
 - 620
24. The ANSI standard regarding the inspection of climbing facilities prior to use is?
- A10.99-A
 - A10.48-2023 (Criteria for Safety Practices with the Construction, Demolition, Modification, and Maintenance of Communication Structures).
 - A11.11-A
 - A11.58-2023